

MAKAN

BY MEGHAN

MENU

These are just some of the possibilities. You can choose your favourites in consultation, and we'll create a menu that suits you.

INDONESIAN SIGNATURE

- 1 Beef Rendang *Slow-cooked beef in a rich spice paste with coconut and aromatic spices.*
- 2 Ayam Kecap *Sweet soy chicken with ginger, garlic and onion.*
- 3 Sate Ayam *Indonesian chicken satay with a creamy peanut sauce.*
- 4 Ayam Bumbu Bali *Chicken in a fragrant Balinese spice sauce.*
- 5 Ayam Opor *Tender chicken in a mild coconut sauce.*
- 6 Semur Daging *Beef stew in a sweet soy sauce with onions and spices.*
- 7 Sambal Goreng Kentang *Spicy Indonesian potatoes in a sambal sauce.*
- 8 Tempeh Kecap *Tempeh in a sweet soy sauce with garlic and ginger.*
- 9 Sayur Lodeh *Mixed vegetables in a fragrant coconut sauce.*
- 10 Nasi Goreng *Indonesian fried rice with vegetables and spices.*
- 11 Bami Goreng *Stir-fried noodles with vegetables and sweet soy sauce.*
- 12 Soto Ayam *Fragrant turmeric chicken soup with rice vermicelli and fresh toppings.*
- 13 Gado-Gado *Indonesian vegetables with tofu and peanut sauce.*
- 14 Telor Kecap *Eggs in a sweet soy sauce with onions and spices.*
- 15 Perkedel Kentang *Indonesian potato patties with herbs and spices.*
- 16 Sambal Goreng Tempeh *Tempeh in a spicy sambal sauce.*
- 17 Tahu Kecap *Tofu in a sweet soy sauce with garlic and onion.*
- 18 Sayur Buncis *Green beans stir-fried with garlic and Indonesian seasonings.*

AWAY FROM HOME

- 19 German Sauerkraut Casserole *Sauerkraut, potatoes and a creamy sauce, optionally with sausage.*
- 20 German Red Cabbage Casserole *Red cabbage, potatoes and seasoned minced meat.*
- 21 German Frikadellen *Traditional German meat patties with potatoes, gravy and vegetables.*
- 22 German Goulash *Beef stew with peppers, onions and warming spices.*
- 23 German Potato Casserole *Sliced potatoes in a creamy cheese sauce with herbs.*
- 24 Bratwurst with Red Cabbage *German sausage with braised red cabbage and potatoes.*
- 25 Irish Beef Stew *Hearty beef stew with potatoes, carrots and onions.*
- 26 British Cottage Pie *Seasoned minced beef with vegetables, topped with mashed potatoes.*
- 27 Swedish Meatballs *Tender meatballs in a creamy gravy, perfect with mashed potatoes.*
- 28 German Red Cabbage & Apple *Slow-braised red cabbage with apple and warming spices.*
- 29 British Shepherd's Pie *Minced lamb with vegetables, topped with mashed potatoes.*
- 30 German Lentil Stew *Hearty lentil stew with carrots, potatoes and herbs.*

EVERYDAY MEALS

- 31 Meatballs in Tomato Sauce *Juicy meatballs in homemade tomato sauce with Italian herbs.*
- 32 Classic Beef Lasagne *Layers of pasta, beef ragù and creamy béchamel.*
- 33 Mediterranean Herb Chicken *Roasted chicken with potatoes and herbs.*
- 34 Chicken Tikka Masala *Tender chicken in a creamy tomato curry sauce.*
- 35 Mild Coconut Chicken Curry *Chicken and vegetables in a gentle coconut curry.*
- 36 Beef Bolognese *Italian meat sauce with tomatoes and herbs.*
- 37 Vegetable Lasagne *Layers of pasta, vegetables, tomato sauce and béchamel.*
- 38 Stuffed Bell Peppers *Bell peppers filled with seasoned meat, rice and vegetables.*
- 39 Beef & Vegetable Stew *Slow-braised beef with potatoes, carrots and onions.*
- 40 Creamy Mushroom Pasta Bake *Pasta with mushrooms in a creamy cheese sauce.*
- 41 Tuscan White Bean Stew *White beans with tomatoes, garlic and herbs.*
- 42 Chicken Meatballs in Tomato Sauce *Tender chicken meatballs in a mild tomato sauce.*
- 43 Potato Gratin *Sliced potatoes in a creamy cheese sauce.*

PLANT-BASED KITCHEN

- 44 Broccoli Casserole *Broccoli and potatoes in a creamy plant-based sauce, topped with vegan cheese.*
- 45 Chickpea & Spinach Curry *Chickpeas and spinach in a coconut curry with aromatic spices.*
- 46 Red Lentil Dahl *Red lentils with tomatoes, ginger and spices.*
- 47 Sweet Potato & Chickpea Curry *Sweet potatoes and chickpeas in a fragrant curry.*
- 48 Vegan Bolognese *Lentil bolognese with carrots, onions and Italian herbs.*
- 49 Moroccan Vegetable Tagine *Vegetables and chickpeas with Moroccan spices.*
- 50 Coconut Lentil Stew *Lentils in a mellow coconut sauce.*
- 51 Vegan Shepherd's Pie *Lentil and vegetable filling with mashed potatoes.*
- 52 Peanut Sweet Potato Stew *Sweet potatoes and vegetables in a peanut sauce.*
- 53 Tofu & Vegetable Curry *Tofu and seasonal vegetables in a fragrant coconut curry.*

 = Vegetarian (V)

 = Vegan (VG)